

PTWW 2023 Convention, St. Petersburg, Oct 1-5

Register Now!

PTWW is using the website **Table Top Events (TTE)** to handle both your registration application, scheduling, communications and purchases all in one place for you.

Registration Fees

\$250 from
Now-Jun

\$270 from
Jul-Sep 15

\$290 from
Sep 15-On

Option A: **ONLINE** <https://tabletop.events/conventions/2023-biennial-convention>

1. Click on the link **above** to go to the Convention Home Page or type it into your web browser.

2. Click on the **Buy Badge** button to register.

Buy	Name	Price	Available
<input type="button" value="Buy"/>	NON-MEMBER / GUEST MEMBER - for currently paying dues with a Local PrimeTimers Chapter or The Independent Chapter as of time of applying for registration. Does not include the hotel room or souvenir shirt.	\$335.00	100
<input type="button" value="Buy"/>	PrimeTimers Chapter Member MEMBER of a Local PrimeTimers Chapter or The Independent Chapter as of time of applying for registration, which will be verified with Chapters. Does not include the hotel room or souvenir shirt.	\$290.00	588/420

3. Click on **Buy** as a Non-Member Guest or as a Prime Timer Chapter Member.

4. Create a TTE account for yourself with a user name and your email address.

5. Then enter your credit/debit payment details and other required information.

6. **PTWW Non-Members pay \$335** at the door.

Need help? Leave a voice mail at 727.386.6383

Option B: **MAIL-IN**

Print the attached PDF found [here](#). Complete the form and mail with a check/money order by 15-SEP to:

PTWW Convention
P.O. Box 191101
Dallas TX 75219-8101

Reserve your hotel room:

\$166/night with tax

<https://www.hilton.com/en/attend-my-event/primetimersoftampabayblock/>

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Schedule of Convention Activities *subject to change*

To enable you to enjoy the wonderful sights and social experiences, PTWW is scheduling TWO sessions for many workshops and personal interest seminars.



Each beach lunch includes buses out/back for 200 men each day on TUE and WED.

SUNDAY, 1-OCT

Pre-Glow Meet & Greet

3:00 - 9:00 PM

Onsite Check-in

7:00 - 11:00 PM

Social & Speakeasy

MON, 2-OCT

8:00 AM - 9:00 PM

Onsite Check-in

10:00 - 11:45 AM

Opening Lunch

1:00 - 5:00 PM

Chapter Workshops *

Individual Seminars *

7:00 - 11:00 PM

Social & Speakeasy

Chair Volleyball

Table games/dominoes



Photo by AK on Unsplash

St. Pete Pier is just an easy 15-minute walk from the host Hilton hotel.

TUESDAY, 3-OCT

8:00 AM - 12:30 PM

Beach Lunch* **GOLD**

9:00 - 10:30 AM

PTWW Elections and General Business Meeting

11:00 AM - 2:45 PM

Beach Lunch* **AQUA**

1:00 - 5:00 PM

Chapter Workshops

Individual Seminars

7:00 - 11:00 PM

Social & Speakeasy

Table games/
dominoes

WEDNESDAY, 4-OCT

8:00 AM - 12:30 PM

Beach Lunch* **GREEN**

11:00 AM - 2:45 PM

Beach Lunch* **BERRY**

1:00 - 5:00 PM

Chapter Workshops

Individual Seminars

7:00 - 11:00 PM

Social & Speakeasy

Table games/dominoes

THURSDAY, 5-OCT

9:00 - 12 Noon

Seminars/Workshops

Personal Investment

1:00 - 5:00 PM

PTWW Championship
Games

6:00 - 10:00 PM

Closing Banquet

FRIDAY, 6-OCT

After Glow Add-on

Join Sarasota Chapter
at the Ringling Bros.
Circus Museum and
Lunch Day Trip.

General information

Hotel rooms are available for your check-in after 4:00 PM SUN through WED. The Registration Room is open from 9:00 AM to 9:00 PM MON-WED.

Updates for souvenir shirt sales and all excursions will be emailed to everyone who has registered.

Map of major airports, host hotel, and beach



Optional Activities & Merchandise

Both T-shirts and Polo Shirts are available in **BLUE** or **YELLOW**, and sizes M-XXXL. All souvenirs can be ordered online after July and picked up at check-in at the hotel. **Sorry, but merchandise cannot be mailed.**



Commemorative
Coffee Mug \$10



Polo Shirts \$25



T-Shirts \$20



2-hour Dolphin Cruise near hotel

Tickets sales will open July for two sailings on different days. Limit of 47 per boat, the cost is \$55/man, which includes all non-alcohol beverages onboard. The cruises are an easy 15-minute walk from the host hotel. Dates and times to be announced.



Photo by [carlos aranda](#) on [Unsplash](#)

Ringling Bros. Circus Museum



On FRI 6-OCT, we plan to charter a bus to/ from Sarasota and the Museum Complex, if we have 50+ interested for transportation. There is the Art Museum, Ringling Palace, and Gardens. The cost will be announced in July, with the onsite restaurant able to serve our group up to 100 men.

PrimeTimers® Worldwide Leadership Team

Chapter Care Contacts by Time Zones

Mtn./Pac. - Larry Lamoureux* - Alberta

ptww.atlarge1.org@gmail.com

North/East - Joe Robinson* - Brit. Col.

ptww.atlarge2.org@gmail.com

Central - Glenn Bottomly* - Minnesota

ptww.atlarge3.org@gmail.com

South/East - interim SE Chapter Care

representative for 2023 is **Mark Hatten**

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ptww.facebook@primetimersww.com

2023-2025 Elections

PTWW elects our volunteer Board of Directors for two-year terms as part of the General Business Meeting on TUE 3-OCT. Nominations are open to any qualified chapter member in good standing, have the communication skills fulfill that role, can attend video meetings, and is also endorsed by his Local Chapter President.

Nominations open 1-JUL, close 31-JUL.

Email us for more info about roles and commitments for time and travel at:

nominations@ptww.org

Positions below are open for 2023-2025:

President	Directors at Large
Vice-President	(2 min. 4 max.)
Secretary	(chapter care reps)
Treasurer	To be appointed by the
Chair, Independent Chapter	new 2023-25 Board is:
	Newsletter Editor
	<i>Adrian retires in DEC</i>

*Board of Directors

PrimeTimers® of the Desert Now Over 800 Members Strong!

COVID appears to be in the past and local gents are returning to PrimeTimers® of the Desert (PToD) in record numbers for fellowship and collegiality. PToD attracts resident gentlemen from the Coachella Valley plus visitors and seasonal "snowbirds."

Our signature event is our Monday Mixer which happens every week (with just a few exceptions for some of the Monday holidays). We meet at the Escena Golf Club, a lovely property with staggering views of



Photo courtesy of Alex Meyer

Mount San Jacinto (home of the Palm Springs Aerial Tramway) and the other mountains surrounding the Coachella Valley. Each Monday "in season", we expect approximately 200 or more of our members to stop by for drinks at our 2-hour reception. Escena offers a special price for their beverages.

Our members seem to like to get together for other events as well. We offer weekly breakfasts, monthly luncheons and local dinners at various local restaurants around the valley. Our Special Events Director, Mr. DeLon Gobeli, arranges for additional special events which happen throughout the year. The most recent one was a 4-days-and-3-nights trip to Laughlin, Nevada, a haven for those who enjoy desert relaxation on the Colorado River while taking in the local casinos, restaurants and shows. DeLon has also recently arranged a day trip to the new Academy Museum of Motion Pictures in Los Angeles, including bus transport, several hours of enjoying Museum exhibits and a luncheon at the

world-famous Farmers Market near "Television City" in Hollywood. DeLon is planning a day trip to the world-class Long Beach aquarium, one of the finest of its kind.

If travel to meaningful venues, and weekly happy hour get-togethers are not enough, DeLon arranges for theater production events at the local regional theater venues in our valley, which are of particular interest to our sexuality

and age group. These events generally sell out quickly. And don't forget our pool parties and up-and-coming book club and group movie events. Our goal is to have multiple offerings all month long for our members to enjoy the company of like-minded men.

Please consider joining us at one of our events when you make Palm Springs your destination vacation stopover, for a few days or the entire Fall-Winter-Spring season. We don't stop in the heat of the summer, so come and cool off with a nice beverage any Monday night in the summer as well.

We hope to meet many of you at PTWW in St. Petersburg, FL as several of our PToD board members will attend the upcoming PTWW convention in October. Travel safely and think of us!

Gary Dougan

PToD Liaison to PTWW

PrimeTimers® of the Desert

Tucson's Goings-On

The Tucson Chapter has doubled in size since the pre-pandemic days. We have resurrected our old chapter brochure, made it cleaner and slicker, and apparently it is helping get the word out. Our events overflow; several of our old standby gathering places for lunch can no longer handle our demand.

We have a number of new interest groups up and running.

As noted above, our Wednesday Lunch Bunch is overflowing.

Our Bowling group is having a lot of fun.

The Book Club is reading *Dancer from the Dance* by Andrew Holleran and has *Secret City* by James Kirchick and *The Prophets* by Robert Jones, Jr. on tap.

We are planning to visit the African-American Museum of Southern Arizona soon.

Our Theatre Group saw *The Full Monte* and tickets have been purchased for *Private Lives* and *Ragtime*.

We have a new blossoming interest group – the Garden Club with a tour of Backyard Garden Train Layouts under its belt. Members will be attending a number of free garden classes at a local nursery and are looking forward to a big sale on cacti and agave sponsored by a local society.

Our collaboration with the local gay hiking club – The Front Runners – is growing stronger weekly.

The Nudist Group is shutting down for the summer as its organizers are snowbirds and returning to the northlands for a few months.

We are planning an end-of-season picnic before the heat sets in.

For chronicles of our events and dozens of photos of them, check out our Facebook page: Prime Timers Tucson TPT.

Stephen Stillwell

Board Member

Tucson PrimeTimers®

Play Your Cards Right and You Never Know What May Happen

The very popular **Potluck & Games** event returned to our monthly meeting for April. Atlanta PrimeTimers® provided a delicious entree and soft drinks. Members brought sides and their good spirits for an afternoon of fun & games. Playing Bingo, Cards & Board Games was an adventure in itself when you had to pick a prize from the prize table....everything from photos, spinners, toilet brushes etc....only thing missing was the kitchen sink. The socializing, laughs and fun was a big hit with our members! Everyone looks forward to the next event in the fall.

E Michael Murphy

President

Atlanta PrimeTimers®



A Unique Look into Pittsburgh through Heinz History Center

You may be wondering “What’s all the hype about pickles in Pittsburgh?” When Henry J. Heinz started what would later become the H. J. Heinz Company in 1869, he delivered products including pickles, horseradish and vinegar in a horse-drawn carriage to customers in Pittsburgh. The pickle legacy has grown in Pittsburgh to include pickleball courts in county parks as well as “Picklesburgh”, the annual pickle festival on the Roberto Clemente Bridge, downtown. The pickle legacy is not the only legacy, though; the Heinz family rebranded the Historical Society of Western Pennsylvania into the H. John Heinz History Center and, on April 28, 1996, it was dedicated to the memory of the late U.S. Senator from Pennsylvania who died in a 1991 plane crash. He was Henry Heinz’s great grandson.

The History Center has not only collected unique treasures from Pittsburgh’s past but of Western Pennsylvania and beyond. The collection not only highlights Pittsburgh’s accomplishments but also highlights Pittsburgh’s contribution to the world. Pittsburgh’s renown as the steelmaking capital of the world is just one of the many pivotal roles the city has played in the development of this country.

Katie, the museum’s visitor experience assistant, greeted our group as we gath-

ered in front of the History Center and invited us inside. She asked me to hand out the museum maps and payment stickers for our lapels as she collected the entrance fees, then introduced me to Bruce, our docent.

Bruce took us to the Great Hall to begin our tour. He gave us information on the building’s architectural and historical significance, then

directed our attention to one of the very first Jeep prototypes, built in Butler County (just 15 minutes from Pittsburgh) by the American Bantam Car Company. It later would be mass-produced by the US government for use in World War II.

Bruce offered us some trivia as we made our way from the Great Hall onward to the upper levels. One interesting detail involved the familiar saying “be there with bells on”, and Bruce explained its origin and meaning:

A common source of transportation for early American settlers was a horse-drawn wagon and the mule, horse or ox wore a neck strap decorated with bells. As the story goes, when a wagon-driver became stuck, broke a wheel or had to be rescued, the responder would ask for a set of bells for the reward. So, if you arrived at your destination with your bells on, you had a sense of accomplishment or pride. There-

(continued)



Heinz

(continued)

fore, when you tell someone you will be there with bells on, what you are saying is that you will get there without any misfortune.

We ascended from the Great Hall to the

fifth floor on an elevator and were taken back in time to the 1700s when Fort Pitt was constructed and held by the British in the Seven Years' War at the point where the Monongahela and Allegheny Rivers converge to form the Ohio River. Now called Point State Park, it is a National Historic

Landmark and park. We reviewed the history of the war and examined artifacts and were told how the lifelike figurines of George Washington and Native Americans were made with such intricate detail.

The Heinz History Center is affiliated with the Smithsonian Institute. Iconic Pittsburgh artifacts such as the world's oldest Jeep and one of the first commercial radio transmitters are always on view there. But what impressed me most in the Smithsonian exhibit was the Freedom House Ambulance Service, an incredible reminder of the strength, courage and determination of African Americans in their fight for freedom. It was the first Emergency Medical Service (EMS) in the United States! Staffed by African Americans from its inception, it serves as a powerful symbol that even during turbulent times of oppression, there are those who will stand up and make a difference. This exhibit is an important part of the Heinz History Center's



commitment, with the Smithsonian Institute, to illustrate how far we have come. The dedication shown by these brave individuals should never be forgotten.

Everyone enjoyed the inspirational educational and cultural tour and could have stayed longer, but we had dinner reservations at a nearby restaurant.

After we found our table at the Church Brew Works, I distributed Heinz pickle pins that I had purchased at the gift shop for all of our members who

attended. One of our members, Brett, remarked that the restaurant staff were probably saying there are a bunch of old men back by the wall showing each other their pickles. Brett is one of my favorite PrimeTimers® : A writer and a poet by profession, he is well-researched in gay cultures from ancient Greece to New York City. His words can put a smile on anyone's face!

If you have never been to Pittsburgh before, it's really worth a visit. The Heinz History Center is just one of the many attractions that would compete for your time while visiting. Other educational, cultural and fun events are waiting here in Pittsburgh for you to discover.

Michael Madeya
Board Member at Large
Pittsburgh PrimeTimers®

What is Wellness?

Wellness is a modern word with ancient roots. The key tenets of wellness focus on both preventive and holistic practices that can be traced back to ancient civilizations from the East (India, China) to the West (Greece, Rome). With their focus on holistic and natural approaches, self-healing and preventive care, these movements have provided a firm foundation for wellness today. These have evolved into today's understanding of healthy-living, self-help, self-care, fitness, nutrition, diet, and spiritual practices.

According to The Global Wellness Institute, **wellness is the active pursuit of activities, choices and lifestyles that lead to a state of holistic health.**

There are two important aspects to this definition. First, wellness is not a passive or static state but an *active pursuit* that is associated with intentions, choices, and actions as we work toward an optimal state of health and well-being. Second, wellness is linked to holistic health, that is, it extends beyond physical health and incorporates many different dimensions that should work in harmony.

Wellness is an individual pursuit; we have self-responsibility for our own choices, behaviors and lifestyles, but it is also significantly influenced by the physical, social and cultural environments in which we live. Wellness is often confused with terms such as health, well-being and happiness, but it is an active process of being aware and making choices that lead toward an outcome of optimal holistic health and well-being.

The Wellness Continuum*

One way to understand wellness is to consider health as a continuum that extends from illness to a state of optimal well-being.* Wellness is different from healthcare.

Our healthcare systems use a reactive approach, focused on causes, consequences, diagnosis, and treatment of diseases and injuries. In contrast, wellness is a proactive approach, focused on prevention, healthy lifestyles, and the pursuit of optimal well-being.

**The continuum concept is adapted from Dr. Jack Travis' Illness-Wellness Continuum.*

Wellness Is Multidimensional

Wellness is about more than just physical health. These dimensions interact with one another to influence your overall health and well-being positively or negatively.

Physical: Nourishing a healthy body through exercise, nutrition, sleep, etc.

Mental: Engaging the world through learning, problem-solving, creativity, self-thoughts, rational thinking, etc.

Emotional: Being aware of, accepting and expressing our feelings, and understanding the feelings of others; dealing with stress.

Spiritual: Searching for meaning and seeking a higher purpose in human existence. This is not necessarily being religious.

Social: Connecting and engaging with others and our communities in meaningful ways.

Environmental: Fostering positive interrelationships between planetary health and human actions, choices, and wellbeing.



Steve
Horowitz
President
PrimeTimers®
Sarasota

Phoenix's 7-Day Mexican Riviera Cruise

On March 26, 2023, 28 PrimeTimers® of Phoenix (PTOP), along with 3 friends from Canada and Pennsylvania, boarded the Norwegian Cruise Line's Bliss ship in Los Angeles for a 7-Day Mexican Riviera Cruise. At the first LGBTQIA+ Social, the group met 3 additional guys from the Phoenix area. The ship made stops at Cabo San Lucas, Puerto Vallarta, Mazatlan, and Ensenada. Together the group enjoyed the onboard activities and exciting shore excursions. Tim Blakely from PTOPT set up the group contract with Norwegian Cruise Line (NCL), and the financial gains from this contract were divided up between those who booked directly with NCL and \$100.00 donation was given to PTOPT.

Photo courtesy of Daniel Pereira



Huck Fitterer

Vice President

PrimeTimers® of Phoenix

Chapters' Event Promotions

YOU'RE INVITED -- JOINT MEETING WITH THREE CHAPTERS

HOSTED BY: PRIMETIMERS® ST LOUIS, MID-MISSOURI, & KANSAS CITY

INVITEES: All Prime Timers for a meet-and-greet event

WHEN: Saturday May 13 from 2pm-5pm (Dinner at 6pm)

WHERE: Unitarian Universalist Church of Columbia, 2615 Shepard Blvd, Columbia MO

There will be refreshments and time for fellowship. After the main part of the meeting, pizza/subs will be brought in for an early dinner. Members will be on their own for any evening activities.

RSVP: ptmidmissouri@gmail.com by May 10 so that enough food can be planned

YOU'RE INVITED -- RACE WEEKEND DINNER PARTY

HOSTED BY: PRIMETIMERS® INDIANAPOLIS

INVITEES: All Prime Timers for the Big Race in Indianapolis (Memorial Day Weekend)

WHEN: Saturday May 27 from 5pm-8pm (Dinner at 6pm)

WHERE: Clubhouse located at 4902 Oakwood Trail, Indianapolis, IN

Food and non-alcoholic beverages will be provided by PrimeTimers® Indianapolis

Come socialize after the parade and meet Prime Timers from Indy and across the nation

RSVP: SteveHamilton55@aol.com by May 15, 2023





PTWW @ Sea JAN 28 - FEB 04, 2024

From / return Galveston TX (fly into Houston)

The official PrimeTimers® Worldwide cruise with proceeds going to the Woody Baldwin Chapter Development Fund.

At-sea days feature train dominoes and party bridge

Reserved tables for Early Dining group dining

7-night WESTERN CARIBBEAN RCCL *Harmony of the Seas*

Roatan, Costa Maya, Cozumel

Royal Caribbean Cruise Lines also has reciprocal frequent cruiser program with Celebrity Cruises.

- Deposit is \$310/person.
- PTWW group dinner is Early Seating.
- Quoted rates booked as Refundable Deposit with a \$60 cancellation fee.
- NOT INCLUDED: Gratuities. At your option pre-paid, cash, or pay on board.
- Beverage packages may be purchased separately onboard.
- Other RCCL posted web rates have a non-fundable deposit may not include port fees and taxes.
- Final payment due by September 1.

Cabin Size (categories)	Per person includes taxes & port fees
Balcony (2d)	\$968
Balcony (4d)	\$876
Oceanview	\$812
Inside	\$731

Single and Suites rates can reserved at time of booking with space availability.

Reservations open TUE 9-MAY

Call: **Michael Sinn 402-988-8880**

Email: **msinn@dreamvacations.com**

MORE TRAVEL INFORMATION:

Airports – Houston Hobby for Southwest and Delta Airlines with HOU Intercontinental for America, United, and all other carriers.

Hotels – Galveston Island has several delux options, including the exotic

Transfers from/to airport on day of ship departure/arrival are best included with your RCCL cruise reservation.

Proceeds from excursions booked through Michael Sinn's website will be donated to

PTWW:

ourdreamcruise.com

PrimeTimers® Worldwide Calendar

Date/Event

8-MAY Regional Zoom Meetings for Mountain/Pacific Chapter Leaders

18-29-MAY North/East Region Chapter Visits

Hamilton, Pittsburgh, Richmond, Baltimore, Norfolk, Washington DC, Rehoboth Beach and North Jersey

31-MAY **\$40 off Advance Discount PTWW Convention Registration ends**

JUL Central Chapter Visits - *Chicago*

AUGUST Regional Zoom Meetings for Chapter Leaders by Central, M/P, NE, SE

15-SEP **\$20 off General Discount PTWW Convention Registration ends**

1-OCT **PTWW Biennial Convention, St. Petersburg FL**



2024

28-JAN Official PTWW @ Sea, RCCL *Harmony of the Seas* (see page 11)

From Galveston TX (with airports in Houston)

Michael Sinn 402-880-8880

Social Activities

The Original PrimeTimers® Worldwide, Inc. (PTWW) does not receive any compensation nor proceeds from these events or activities listed below and in no way assumes any liability for claims, errors, or omissions nor negligence arising from these below promotions or activities listed.

Beginning January 2023, only activities and events sponsored by an organization or group recognized by the PTWW Board of Directors may be published.

Paid advertising may be available upon request and approval by the PTWW Board. Contact the Newsletter Editor.

Activities of potential interest to members include:

<u>Activity/Event</u>	<u>Organizer</u>	<u>Contact Info</u>
Cruises	Ron Camp	614.581.2700
Cruises	Michael Stone	941.359.8212
Event - A Celebration of Friends	Tom Pence	tomcat9722@aol.com